

# Summer Salad with nuts and tomato hearts

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Serves 6-8



## INGREDIENTS

1-2 bags of mixed variety salad  
¾ c. Walnuts  
17 oz. (2 c.) ripe tomatoes  
2 c. tomato juice  
½ tsp. Fiberagar® (powder)  
Cookie cutters  
Salt  
Olive oil  
Vinegar



## PREPARATION

1. Wash, clean and crush tomatoes.
2. Boil tomato juice, add FIBERAGAR®, stir for 2 minutes. Remove from heat and pour into a pan. Once cold, use cookie cutters to make tomato shapes.
3. Wash mixed variety salad, place in a bowl together with nuts and tomato cut-outs. Add oil & vinegar, and salt to taste.